



DIGITAL FRONTLINE



Greetings from NRS

Dear Friends,

Throughout the month of May, the National Runaway Safeline (NRS) has been honoring National Mental Health Awareness Month by supporting youth experiencing depression, anxiety, and other mental health struggles; encouraging the use of our crisis intervention services; sharing resources on social media and more.

In 2021, more than 6,500 youth reported mental health as a reason for seeking support from NRS. This was a 40% increase compared to 2019.

We're living in uncertain times that far too often challenge our mental health. Nationwide, we're seeing a rise in school bullying rates, an increase in social isolation among youth, and a record number of anti-LGBTQIA2S+ bills that have been introduced - and in some states, recently passed into law. These factors, and many others, negatively affect our mental health and well-being.

At NRS, we remain committed to supporting and validating youth in crisis. We celebrate youth and who they are. Today and always. We listen without judgement, work with youth to explore and recognize their options in times of need, and strive to ensure the safety of each person who contacts us for help.

NRS is here 24 hours a day, 7 days a week. If you or someone you know needs help, contact us at 1-800-RUNAWAY or [1800RUNAWAY.org](https://www.1800runaway.org).

With warm regards,

A handwritten signature in black ink that reads "Susan Frankel". The signature is fluid and cursive.

Susan Frankel
Chief Executive Officer



Celebrating the Spirit of Youth Photos



We loved gathering with hundreds of supporters at the Celebrating the Spirit of Youth event to honor individuals making a difference in the lives of at-risk youth and to raise funds to enable NRS's work. During this fantastic evening, guests were entertained, inspired and informed, and collectively they committed to "writing the next chapter" for NRS. Browse photos from the event at the link in our bio.

[See Photos Here](#)



NRS Blog



May is National Foster Care Month, a time to recognize foster parents, family members, volunteers, policymakers, child welfare professionals, and others who help children and youth in foster care find permanent homes and connections.



Let's Talk Podcast



We are proud to release part 2 of the Let's Talk podcast featuring a conversation with David Ambroz. David is a national poverty and child welfare advocate, best-selling author, and recipient of the 2023 NRS Spirit of Youth Award.

[Read More Here](#)

[Listen Here](#)

YOUTH IN THE NEWS

[YouthToday.org](#)

Local Students Launch Biz to Empower Homeless & Incarcerated Youth

Along with The David's Harp Foundation and Moniker Warehouse, Red Dot's mission is to provide mentorship and careers for fellow youth experiencing homelessness.

[Read the Full Article](#)



[Route-Fifty.org](#)

States Take Up Bills to Confront Youth Homelessness

From couch surfing to living in the streets, it is easy to overlook young people experiencing homelessness. That's changing.

[Read the Full Article](#)

Confidential and judgment-free support, 24/7

1800RUNAWAY.org



If you are in crisis,
Call **1-800-786-2929** | Click **[1800RUNAWAY.org](https://1800runaway.org)**

Connect with us



Learn more about us.
Visit **NationalRunawaySafeline.org**

National Runaway Safeline | 3141B N. Lincoln Ave., Chicago, IL 60657

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